



Teaching Notes: TEN LITTLE YOGA FROGS

Written by Hilary Robinson
Illustrated by Mandy Stanley
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SYNOPSIS

Yoga frogs love to have fun trying all the different yoga poses. Can you count the different yoga frogs, and try out all the yoga poses?

ABOUT THE AUTHOR

Hilary Robinson is an author, radio producer, broadcaster, and feature writer. She was born in Devon and brought up in Nigeria and England. The author of nearly seventy books for children, she is best known for *Mixed Up Fairy Tales*. Her books have been translated into a number of languages and are sold across the world. She lives and works in London and Yorkshire.

ABOUT THE ILLUSTRATOR

Mandy Stanley is an award-winning illustrator, author, and designer who has published more than 200 picture, story, and activity books for children. She was born in Suffolk and now works from her studio at home in Beccles.

HOW THE BOOK ENHANCES LEARNING

The first stages of learning and counting are so important for a child. This book is an engaging and innovative way of learning about numbers and counting, as well as learning about some fun and relaxing yoga poses. The story also encourages an interest in natural history, amphibians, flora and fauna.



SAY NUMBERS OUT LOUD

Practice saying all the numbers as quickly as you can!
Can you do each yoga pose as you say the number?

Make sure a parent is with you when trying out the yoga poses.



COPY AND COLOUR

Have a go at copying this picture of the 10 yoga frogs feeling zen.
Then colour it in in your brightest colours.



A-MAZE-ING YOGA FROGS

ONE yoga frog has lost his NINE yoga frog friends!
Can you help him find them? Then count them up when they are all together!



